



# SPAY/NEUTER VETERINARY CLINIC

Spay 🐾 Neuter 🐾 Wellness

## POST-OPERATIVE INSTRUCTIONS

1. **No running, jumping, playing, swimming,** or other strenuous activity for 7-10 days. Keep your pet quiet. Pets must be kept **indoors** where they can stay clean, dry, and warm. No baths during the recovery period. Dogs must be walked on a leash and **cats kept indoors. No animals, cats, or dogs should be let outside off leash with an Elizabethan collar on due to risk of strangulation.**
2. Your pet should be kept away from other animals to keep your pet from being too active and to keep the other animal from irritating the incision. **If your animal has puppies or kittens, they MUST be kept away from your pet for 2 weeks, even if already weaned.** Puppies and kittens will attempt to nurse even after weaning and will often chew at the incision site.
3. **Check the incision site twice daily.** There should be no drainage. Redness and swelling should be minimal. **Do not allow your pet to lick or chew at the incision.** If this occurs, the Elizabethan collar **MUST** be applied and should be left on 24/7.
4. Appetite should return gradually within 24 hours of surgery. Lethargy lasting for more than 24 hours post-op, diarrhea, or vomiting are not normal and you can give us a call, or an appointment should be made with your regular veterinarian if these symptoms occur. Dogs may have a slight cough for several days after surgery, however if this continues for more than 3 days or is severe an appointment should be scheduled with your regular veterinarian.
5. Do not change your pet's diet during their 7-10 day recovery period and do not give your pet human food such as desserts, milk, or table scraps. These foods can cause vomiting and diarrhea and may mask post-surgical complications.
6. If there are any questions or concerns directly related to the surgery, please call this office at **(910)400-7682 (SNVC) and press 4.** If you have an emergency after hours call **(910)400-7682 (SNVC) and press 4** to leave a message for a phone consultation. If unable to reach us, contact your closest emergency clinic or Points East Vet Emergency at 1731 Convoy Lane at (910)864-2844.
7. **DO NOT GIVE ANY OVER THE COUNTER MEDICATIONS TO YOUR ANIMAL! TYLENOL, IBUPROFEN, ETC. AND DO NOT COVER INCISION WITH ANY BANDAGES OR TAPE.**

**If ALL Post-Op instructions are followed in FULL,** SNVC will treat at our clinic, at minimal cost, post-op complications resulting directly from the surgery. Your regular veterinarian must address illnesses or injuries that are not a direct result of surgery. Please call for an appointment **as soon as you see cause for concern.** Complications can worsen quickly if they are not addressed immediately. **We cannot be held responsible for complications resulting from failure to follow post-op instructions, or for contagious diseases for which the animal was not previously properly vaccinated. We do not cover cost of care if your pet is taken to another clinic for follow up.**

For safe flea control, our veterinarians recommend *Bravecto*. This may be purchased here. Over-the-counter flea and tick treatments and collars are ineffective and may be harmful. your pet.

Please ask about establishing a wellness program for your pet!

Follow us on Facebook or keep an eye on our website for further information and discharge instructions.

**[www.SpayNeuterVet.org](http://www.SpayNeuterVet.org)**

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